

To contact an Early Help Team, please send an email to:

Peterborough:

denham.hughes@peterborough.gov.uk

Cambridge City Early Help District Team:

districtearlyhelpteam.cambridgecity@cambridgeshire.gov.uk

East Cambs Early Help District Team:

districtearlyhelpteam.eastcambs@cambridgeshire.gov.uk

Huntingdon and St Ives Early Help

District Team:

districtearlyhelpteam.huntingdon@cambridgeshire.gov.uk

March Chatteris and Whittlesey Early Help District Team:

districtearlyhelpteam.march@cambridgeshire.gov.uk

South Cambs Early Help District Team:

districtearlyhelpteam.southcambs@cambridgeshire.gov.uk

St Neots Ramsey Sawtry and Yaxley

Early Help District Team:

districtearlyhelpteam.stneots@cambridgeshire.gov.uk

Wisbech Early Help District Team:

districtearlyhelpteam.wisbech@cambridgeshire.gov.uk

Transforming Lives is proudly supported by;

Cambridge City Council

Cambridgeshire Constabulary

Cambridgeshire County Council

East Cambridgeshire District Council

Fenland District Council

Huntingdonshire District Council

Local Safeguarding Children Board

Peterborough City Council

South Cambridgeshire District Council



Information Leaflet

for

Professionals

The Vision Statement

Our aim is to provide young people with information, knowledge and tools to help build their resilience and their ability to manage risks and make better choices. We will achieve this by delivering Transforming Lives as a targeted early intervention programme that works in partnership with professionals, young people and families to reduce the risk of young people's involvement in antisocial behaviour, child criminal and sexual exploitation, violence and gangs.

Learning Objectives

- To provide information and informal learning opportunities to ensure young people are able to make informed choices in the future.
- To help young people gain an understanding of the possible consequences of risk-taking behaviour such as being involved in drug use, crime, antisocial behaviour and gangs.
- To provide support through positive activities to raise personal aspirations and build resilience.
- To provide information and guidance to parents/carers to help them support their child.

Structure of the Programme

Face to Face Transforming Lives is ten to twelve weeks in length. Virtual Transforming Lives is eight weeks in length. Each session lasts a maximum of one hour per week. It will be done through Microsoft Teams and young people will need to have access to internet, IT equipment with cameras and microphones.

There will be a diverse range of professionals leading sessions on various topics. They may come from charities, Police, District Councils or Young People's Workers. Sessions are interactive giving young people the opportunity to ask questions and to share their ideas.

Professionals delivering the programme and their roles

There will be at least one cohort facilitator who will be present throughout the programme. This is to enable young people to have a familiar and trusted face during each session. Cohort facilitators will be available to talk through anything that has affected young people in the group. They will be their go to person should young people need anything during the programme. They will also offer support with ICT issues.

Supporting Parents/Carers

Parents/Carers will be offered Triple P online which is a broad-based parenting intervention delivered online for parents/carers of children from 5-16 years. The programme involves eight (one-hour) online modules that parents/carers complete independently at their own pace and in their own time, from a computer, tablet or smartphone.

Triple P Online introduces parents/carers to Triple P's parenting skills and strategies that fit individual circumstances and helps them to encourage and manage their children's positive behaviour.

Referral Criteria

- Young people aged 11-16 (Secondary School age)
- Professionals must complete a Transforming Lives' Request for Support Form and email it to the relevant Early Help Team.
- Referrers must send us a copy of the young person's Exploitation (CSE / Criminal Exploitation) Risk Assessment and Management Tool completed within the last 3 months. Here is the link to the : [Exploitation-Risk-Management-Tool.docx \(live.com\)](#)
- Referrers or lead professionals for young people must remain involved when young people are taking part in the programme. Transforming Lives Co-facilitator will contact you to discuss young person's progress and next steps.
- If you have concerns about a young person and would like to discuss if they meet the criteria for Transforming Lives, please contact the relevant Team for advice.

