

TIPS FOR DIGITAL INCLUSION

CREATING THE RIGHT ATMOSPHERE:

EXPECTATIONS & ENCOURAGEMENT:

RECOGNISING NEEDS & CONTRIBUTIONS:



LOSE YOUR "PROFESSIONAL ARMOUR." BE YOUR AUTHENTIC SELF...AND HAVE FUN.



AT THE START, LET PEOPLE KNOW:
 HOW LONG THE SESSION IS.
 WHAT THEY'LL BE DOING.
 WHEN SCREEN BREAKS WILL BE.



CHECK IN WITH ATTENDEES; BE AWARE WHAT EACH PERSON IS BRINGING INTO THE SPACE.



START HERE



PLAY MUSIC AS PEOPLE ARRIVE (PEER POWER'S FAVE IS LOW FI BEATS).

FOCUS ON RELATIONSHIP, FUN AND CONNECTION BEFORE ANY 'OFFICIAL' PARTICIPATION/CO-CREATION HAPPENS.



DON'T ASSUME EVERYONE KNOWS HOW TO USE ZOOM. TALK THEM THROUGH IT.

REASSURE PEOPLE THAT THEY CAN HAVE THEIR CAMERA OFF AND/OR COMMUNICATE THROUGH THE CHAT FUNCTION IF NEEDED.



CO-CREATE FIRM, FAIR AND CLEAR 'BOUNDARIES' FOR THE SESSION IN A LIVE DOCUMENT.



PRACTITIONERS NEED TO CLARIFY:
 HOW THEY CAN BE CONTACTED
 HOW LONG THEY'RE CONTACTABLE FOR AFTER THE SESSION.



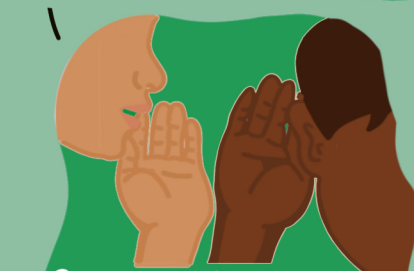
LEAD FACILITATORS SHOULD ROUTINELY GO TO EACH PERSON IN THE CONVERSATION.



SESSION LEADS SHOULD GIVE ATTENTION TO, AND AFFIRMATION FOR, EVERY INDIVIDUAL AND THEIR CONTRIBUTIONS AT THE SESSION.



OFFER A SESSION, WHERE POSSIBLE, WITH A THERAPEUTIC PRACTITIONER.



PROVIDE WAYS FOR CHILDREN TO PRIVATELY SPEAK TO LEADS DURING THE SESSION, E.G. USING THE CHAT BOX.



THERE MAY BE A NEED IDENTIFIED AT 'CHECK OUT' FOR A FURTHER DE-BRIEF SESSION



CHECK OUTS ALLOW A SPACE TO RECOGNISE EACH PERSON'S INVOLVEMENT AND CONTRIBUTION TO THE SESSION.

